

## **Coronavirus Alert for Jackson County and Surrounding Areas**

Singing River Health System is actively monitoring and treating cases of [Coronavirus \(COVID-19\)](#) in our community. **The State Department of Health has advised that we are at a critical stage to STOP THE SPREAD of this virus by adhering carefully to these guidelines:**

- STAY AT HOME and limit interactions with others, maintain social distancing to avoid spreading the virus;
- WASH YOUR HANDS and AVOID: touching your face, shaking hands, contact with sick people;
- CLEAN and DISINFECT any frequently touched objects and surfaces every day;
- PROTECT SENIOR CITIZENS who are most at risk by limiting their exposure to others;
- Share with people that it is NOT too late to get the flu shot;
- Get enough sleep and exercise;
- Give blood – it is safe to do so and helps save lives!

### **What to Do If You Suspect You May Be Infected**

If you think you may have the Covid-19 Virus, please **STOP THE SPREAD AND CALL AHEAD** to our hotline at **228-809-5044** to speak to a medical professional and be advised on testing.

The criteria to be tested are:

- Cough PLUS fever more than 100.4° or shortness of breath **AND**
- Traveled to an area with widespread, ongoing transmission,
- Age 65+ or a compromised immune system, or
- Contact with a confirmed/suspected case of COVID-19

### **Stay Informed with Singing River Health System**

Keep up with the latest information about the virus and see frequently asked questions on our website at [www.singingriverhealthsystem.com/coronavirus/](http://www.singingriverhealthsystem.com/coronavirus/)